

You're Invited To...



Spring Fling

2010

Bearing Fruit in Its Season

Wednesday, May 12, 2010

Calvin Center

Cost?
Just \$15.00
Per Person

REGISTRATION DEADLINE - APRIL 28



Keynote Presenter

Dr. Kathleen O'Connor

"Psalms as Prayer for the Later Years"

Kathleen O'Connor is the William Marcellus McPheeters Professor of Old Testament at Columbia Theological Seminary

Song Leader

Sally Rhoden, Roswell Presbyterian Church

Fun
Fellowship
Spiritual Nurture
for
Senior Adults

Sponsored By
Senior Adult Ministry Committee
(SAM)

Presbytery of Greater Atlanta

Schedule for the Day

8:30 – 9:30 am	Registration, Breakfast
9:30 – 10:30 am	Group Singing & Keynote Presentation
10:45 – 12 noon	Activity Period
12:15 – 1:45 pm	Expanded Lunch & Presentation of the Virginia Smyth Servant Leadership Award
1:45 – 2:00 pm	Closing
2:00 – 3:00 pm	Optional Activities

Activities

(choose one of the following Activities to attend from 10:45 – 12 noon)

- 1. *Using the Labyrinth as a Path to Wholeness*** – “You show me the path of life,” prays the Psalmist. Walking the labyrinth can mirror walking on that path of life, leading us to the center of our life and faith, and then back out to bear fruit in God’s world. Come explore prayer in motion, and discover a resource for your spiritual journey. Meg Jackson Clark is associate pastor of Newnan Presbyterian Church.
- 2. *Exercise Activity*** – Barry Nave is back with us to lead an exercise class that will allow you to go at your own pace as you work on flexibility, balance, strength, and memory. This interactive class will feature traditional exercises as well as games for your brain and body!! We all want to feel as well as possible as we continue to bear fruit in this season of our lives, so join Barry for this engaging activity. Barry is director of the Wellness Center at Calvin Court.
- 3. *Bearing Fruit with Creativity*** – Imani Evans (who was with us a few years ago) returns to lead a creative writing activity designed to inspire the “everyday writer” in each of us. Writing with purpose is about telling your story, having fun, and leaving a legacy. Join this interactive activity that will encourage everyone to *write from the heart!* Imani Evans, a dynamic speaker and performance poet, is the self-published author of *Today is the Miracle: A 30-Day Guide to Overcoming Challenges and Creating Miracles*.
- 4. *Bible Jeopardy*** – The venerable Bill Herndon is excited to emcee another fun-filled Bible activity. Match wits with your Spring Fling friends as Bill tests your knowledge of God’s Word and our denomination. Bill serves as temporary supply of the Porterdale Presbyterian Church.
- 6. *Bearing Fruit with Container Gardening*** – For those who would like to begin container gardening or hone their skills at container gardening. Master gardeners will lead this activity. Bring your own container or use a container provided – all other supplies will be provided. There will be a surcharge for this activity to cover the cost of supplies. Those interested in this activity are asked to call Ron Gilreath, 404-255-2211, ext. 225 for more information.

Optional Activities

Spring Fling ends at 2:00 pm. However, you are invited to remain from 2:00 to 3:00 pm and participate in one of the following “Optional Activities” led by Calvin Center staff. These activities will require some walking.

- 1. A Tour of Calvin Center*
- 2. A Nature Walk*

Individual/Couple Registration Form Spring Fling -- May 12, 2010

Instructions: Please provide all information below, including one Activity choice for each person. The registration fee is \$15 per person, including lunch. After completing this form, please give it to your church registrar so that he/she may mail one group registration from your church. If you do not have a church registrar, please mail this form, along with your check, to: Mary Dycbe, Presbytery of Greater Atlanta, 1024 Ponce de Leon Avenue, NE, Atlanta, GA 30306. Make your check payable to: Presbytery of Greater Atlanta. **Registration deadline is April 28.** No registrations will be accepted after the registration deadline of April 28. If you have questions about completing this form, please call Ron Gilreath at Mount Vernon Presbyterian Church, 404-255-2211, ext. 225.

Church Name _____
 Name of Person Mailing Registrations _____ Telephone # _____ E-Mail _____

Print your name(s) below and indicate the one Activity choice for each person by placing a check in the appropriate box.

	<u>Print First Name</u>	<u>Print Last Name</u>	1. Using Labyrinth as a Path to Wholeness	2. Exercise Activity	3. Bearing Fruit with Creativity	4. Bible Jeopardy	5. Bearing Fruit with Container Gardening	Optional Activity 1 Tour of Calvin Ctr.	Optional Activity 2 Nature Walk
1.									
2.									

Total Number of Registrants _____ Total \$\$ Enclosed _____

Church Registration Form **Spring Fling -- May 12, 2010**

Instructions: In the section below please list the names of those from your church attending Spring Fling, along with each person's Activity choice during the Activity Period. If you need extra space to list registrants, use the reverse side of this form. The registration fee is \$15 per person, including lunch. Please mail money with this registration form and make checks payable to: Presbytery of Greater Atlanta. Mail your checks and completed registration form to: Mary Dyce, Presbytery of Greater Atlanta, 1024 Ponce de Leon Avenue, NE, Atlanta, GA 30306. **Registration deadline is April 28.** No registrations will be accepted after the registration deadline of April 28. If you have questions about completing this form, please call Ron Gilreath at Mount Vernon Presbyterian Church, 404-255-2211, ext. 225.

Church Name _____ Telephone # _____ E-Mail _____
 Name of Person Mailing Registrations _____

Print the names of all registrants from your church and indicate the one Activity choice for each person by placing a check in the appropriate box.

	<u>Print First Name</u>	<u>Print Last Name</u>	1. Using Labyrinth as a Path to Wholeness	2. Exercise Activity	3. Bearing Fruit with Creativity	4. Bible Jeopardy	5. Bearing Fruit with Container Gardening	Optional Activity 1 Tour of Calvin Ctr.	Optional Activity 2 Nature Walk
2.									
3.									
4.									
5.									
6.									
7.									

Total Number of Registrants (include registrants listed on reverse side) _____ Total \$\$ Enclosed _____

