

Disaster and Emergency PREPAREDNESS

In light of the metro Atlanta Tornadoes, the Disaster Response and Emergency Preparedness Team of the Presbytery of Greater Atlanta encourages all Presbyterians to prepare for disaster (damaging storms, tornado, floods, pandemic flu, electricity/water interruption etc.) which may keep families in homes for an extended period or may lead to evacuation. Use this list to fill a “GO Kit” for your family. Alert all family members where the Go Kit is kept. Update the Kit periodically. Determine shelters and emergency contacts for the family within and beyond metro Atlanta. Encourage your congregation to train with the Presbytery Presbyterian Disaster Assistance for an eventual emergency.

“Go” Kit (Portable Kit)

Water, food and clean air are the essential items for survival. Each family or individual’s kit should be customized to meet specific needs (medications, infant formula, important family documents, pets).

Brightly colored easily handled bag for storing supplies

Water: 2-3 bottles per family member in the Go Kit. Water purification tablets work and weigh almost nothing. Store 1or more gallon(s) per person per day in home shelter, 3-day minimum.

Food: 3-day supply of high protein, non-perishable food requiring no energy or water to prepare
Store 3-week supply in shelter. Energy bars, MREs, pouches, cans

Air: N95 breathing masks to reduce particulate matter
Plastic sheeting (pre-measured), duct tape to secure windows, doors in shelter

Safety: Battery powered radio, batteries
Flashlight, batteries (red filtered flashlight)
Extra batteries (store all batteries separately)

NOAA Weather Radio with tone alert, batteries
Whistle to signal for help
Lumasticks

Sanitation: Moist towelettes
Toilet paper (camping)

Personal hygiene products
Garbage bags and plastic ties

Shelter: Plastic sheeting, line/cording
Space blankets (also used to signal help, wrap casualties)

Emergency blanket

Clothing: Warm change of clothes, sturdy shoes
Rain poncho

Documentation: Photocopies of birth certificates, passports, drivers licenses, marriage license, declaration pages of insurance policies, prescriptions (laminated or in plastic bag).

Money: Cash money (\$50 - \$200) per person per day, minimum

Medical: One-week supply of prescription medicines
Prescribed medical supplies (diabetes, contact lens, eyeglasses, hearing aid & batteries etc.)
Laminated 3x5 cards: name, medical condition, current medications, dosages, allergies, doctors’ names & numbers, hospital number, social security number, out of area emergency contact

First Aid Kit:

Latex/Sterile gloves	Sterile Dressings
Cleansing agents	Antibiotic ointment
Burn ointment	Adhesive bandages
Eye wash solution	Thermometer
Non-prescription drugs: pain reliever, anti-diarrhea, antacid, laxative	

Tools: Can opener
Adjustable wrench/pliers/multi-purpose tool to turn off utilities

Map: Marked with evacuation routes and alternate routes

Pets: Food, water, leash, medical supplies

Emergency Assistance Contact Numbers - AMERICAN RED CROSS – 1-866-RCHELPS (1-866-724-3577)
United Way – 211 (Help Center)